





## SUPINE POSITION - SPINE, TAILBONE AND HEELS FREE

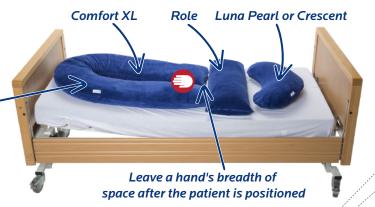
Seat bone and

heel decubitus

Spine

Bending spasms

Distribute the pillow stuffing to ensure that it is divided evenly across the entire pillow. Use the **Comfort XL** for adults and the Comfort for children



If spasms are severe, offer more Fowler by operating the bed and use Luna Pearl instead of Blanket cushion



Prevent pes equinus with a Blanket cushion

> Optionally, place a Blanket cushion to prevent pes equinus

Heels free

Fold line





No force (do not forcefully push or pull on the patient).

Always leave a hand's breadth of space.

Fill all of the spaces where the patient's body does not make contact with the pillow.

Smooth the area where the patient touches the pillow to relieve any air pressure.

Provide opposite support to the patient in a lateral position.